

# **Ramah on the Road**

## **Nevonim**

### **JULY 2019 Overnight**

<b>THURSDAY, JULY 18 – FRIDAY, JULY 19</b>	
<b>Thursday, July 18</b>	<ul style="list-style-type: none"> <li>◆ Quassy Amusement &amp; Waterpark (Middlebury, CT)</li> <li>◆ Arrive at Ramah Sports Academy (Fairfield, CT)</li> <li>◆ Dinner and overnight at Ramah Sports Academy</li> </ul>
<b>Friday, July 19</b>	<ul style="list-style-type: none"> <li>◆ Tefillot and breakfast at Ramah Sports Academy</li> <li>◆ Return to Ramah Nyack for afternoon activities</li> <li>◆ Regular carpool and bus dismissal</li> </ul>
<b>PERMISSION SLIP REQUIRED</b>	◆ <b>PLEASE COMPLETE AND RETURN PERMISSION SLIP TO CAMP BY MONDAY, JULY, 15</b>
<b>What to Wear on Thursday, July 18</b>	<ul style="list-style-type: none"> <li>◆ Blue Camp Ramah t-shirt</li> <li>◆ Swimsuit and shorts</li> <li>◆ Water shoes or flip flops</li> <li>◆ Sunscreen (please apply before leaving home)</li> </ul>
<b>IF YOUR CHILD REQUIRES SPECIAL MEDICATION FOR THE OVERNIGHT</b>	<ul style="list-style-type: none"> <li>◆ PLEASE SEND IN ALL OVER-THE-COUNTER AND PRESCRIPTION MEDICATIONS IN THEIR ORIGINAL LABELED CONTAINERS AND A COMPLETED PRESCRIPTION MEDICINE FORM BY <b>MONDAY, JULY 15</b>. According to NYS law, we must have doctors' orders for BOTH prescription &amp; over-the-counter meds.</li> <li>◆ All medications must be handed directly to the bus counselor or carpool staff, who will give medications to the nurses. Please note that state law prohibits us from administering any medicine in unmarked containers or baggies. We will return all containers.</li> <li>◆ Please call the Nurses' Office at (845) 358-4307 to let us know to expect the medication or if you have any questions.</li> </ul>
<b>WHAT TO BRING (ALL ITEM S SHOULD BE LABELED WITH YOUR CHILD'S FIRST AND LAST NAMES)</b>	<p><b><u>SEPARATE DAY PACK (to be carried on the bus) CONTAINING:</u></b></p> <ul style="list-style-type: none"> <li>◆ Full change of dry clothes, dry bathing suit, sunscreen, goggles (optional), plastic bag for wet clothes, bus ride activities (non- electronic), and rain gear (if needed)</li> <li>◆ We strongly encourage your child to bring an SPF swim shirt or rash guard for use at the water park</li> </ul> <p><b><u>WE WILL NOT HAVE ACCESS TO OUR OVERNIGHT BAGS UNTIL EVENING. OVERNIGHT BAG SHOULD CONTAIN:</u></b></p> <ul style="list-style-type: none"> <li>◆ Sleeping bag and pillow</li> <li>◆ Long pants and sweatshirt</li> <li>◆ Sleepwear</li> <li>◆ Toiletries (toothbrush, toothpaste, deodorant, soap, etc.)</li> <li>◆ Complete change of clothes for Friday including bathing suit and sneakers for regular camp day</li> <li>◆ Flashlight</li> <li>◆ Bug spray</li> <li>◆ Book (optional)</li> <li>◆ <b>Please note that your child is responsible for carrying his/her own bag. Please pack accordingly.</b></li> </ul>
<b>What NOT to Bring</b>	<ul style="list-style-type: none"> <li>◆ <b><u>NO CELL PHONES, MONEY, OR FOOD OF ANY KIND</u></b>. We will provide all necessary meals and snacks.</li> <li>◆ Please remember that we cannot be responsible for anything lost during the trip. We suggest that campers <u>not bring electronic devices</u>.</li> </ul>
<b>Contact Us with Questions</b>	<ul style="list-style-type: none"> <li>◆ Jessica Schreiber and Liat Tamir, Rashei Edah</li> <li>◆ Sammy Fishman and Hannah Leibowitz, Sganei Rosh Edah</li> <li>◆ Phone (845) 358-6240</li> </ul>