## Ramah on the Road Tzeirim AUGUST 2019 Overnight

THURSDAY, AUGUST 8 - FRIDAY, AUGUST 9	
Thursday, August 8	<ul> <li>Playland Park (Rye, NY)</li> <li>Dinner at camp</li> <li>Night swim and surprise activities</li> <li>Sleep in camp!</li> </ul>
Friday, August 9	<ul> <li>◆ Tefillah and breakfast at camp</li> <li>◆ Regular carpool and bus dismissal</li> </ul>
What to Wear on Thursday, August 8	Blue Camp Ramah t-shirt (no swimsuit)
WHAT TO BRING (ALL ITEMS SHOULD BE LABELED WITH YOUR CHILD'S FIRST AND LAST NAMES)	<ul> <li>Sleeping bag and pillow</li> <li>Sleepwear</li> <li>Long pants and sweatshirt</li> <li>Toiletries (toothbrush, toothpaste, deodorant, soap, etc.)</li> <li>Complete change of clothes for Friday including two swimsuits and sneakers for regular camp day</li> <li>Flashlight</li> <li>Bug spray</li> <li>Book (optional)</li> <li>Rain gear (if forecast calls for inclement weather)</li> <li>Please do not send any food or electronics to camp with your child</li> <li>Please note that your child is responsible for carrying his/her own bag. Please pack accordingly.</li> </ul>
IF YOUR CHILD REQUIRES SPECIAL MEDICATION FOR THE OVERNIGHT	<ul> <li>PLEASE SEND IN ALL OVER-THE-COUNTER AND PRESCRIPTION MEDICATIONS IN THEIR ORIGINAL LABELED CONTAINERS AND A COMPLETED PRESCRIPTION MEDICINE FORM BY FRIDAY, AUGUST 2.</li> <li>All medications must be handed directly to the bus counselor or carpool staff, who will give medications to the nurses. Please note that state law prohibits us from administering any medicine in unmarked containers or baggies. We will return all containers.</li> <li>Please call the Nurses' Office at (845) 358-4307 to let us know to expect the medication or if you have any questions.</li> </ul>
IF YOUR CHILD DOES NOT PLAN TO SLEEP IN CAMP	<ul> <li>Please let us know if your child will be dismissed by bus or carpool at the end of the camp-wide extended day at 6:00 p.m. following dinner rather than remain for the overnight</li> <li>Alternatively, your child may remain at camp for the evening activities and BE PICKED UP AT THE OFFICE NO LATER THAN 9:00 p.m. We will bring your child to meet you at the office</li> </ul>
Contact Us with Questions	<ul> <li>Rina Schulberg and Harris Mevorah Rashei Edah</li> <li>Samantha Milowitz and Sarah Machlis, Sganei Rosh Edah</li> <li>Dina Spiegel, Yoetzet</li> <li>Phone (845) 358-6240</li> </ul>